

C.L.E.A.R. Community Lifesaving Emergency Action Resource

December 2nd 2011

'In a landmark speech on Thursday in front of 5,000 cheering supporters, Mr Sarkozy warned that the developed world was entering a "new economic cycle" dominated by austerity, heralding tough times ahead for jobs and business.'

<http://www.abc.net.au/news/2011-12-02/europe-on-verge-of-launching-27fiscal-union27/3710252>

C.L.E.A.R. is an acronym for Community Lifesaving Emergency Action Resource.

As it's plainly obvious to see right now for those who have the eyes willing to look and the ears willing to hear, the world is in the process of a massive reformation.

This is not unusual – it has happened many times before throughout the many phases and ages of our ever changing world.

Each time this transition occurs, we are catapulted from one way of life to another. Each time is a unique experience with a unique set of circumstances or 'tests' for humanity to go through.

It is my sense, backed up by much reading, observation and personal experience, that in order to successfully navigate this next series of twists and turns, we need to remember our kinship with one another as brothers and sisters of humanity living together on this great planet, Earth.

Obviously this looks like a massive leap from where we stand now! However, this is our challenge and the reward will be beyond anything we could ever have imagined.

There are many challenges which may confront us in the near future and many possible scenarios which could unfold. I do not wish to encourage thoughts of doom and gloom - that's not what CLEAR is about. Actually, I feel that this period of time we are now entering is a magnificent opportunity to turn our way of life around for the betterment of all life on Earth, but it may get harder before it gets easier. Some of the possible challenges we may face are worldwide economic collapse, scarcity of oil, disabling of the electricity grid, war, famine, disease or a large scale natural disaster.

Due to our dependence on technology the repercussions of any of these unfolding scenarios would mean that life could become drastically different within a very short space of time and most of us would be taken very much by surprise.

The developed world has become so reliant on importing of goods that, in the case of a disruption to this supply, most local communities would not be able to sustain themselves with the most basic of necessities.

If any of the above-mentioned scenarios were to take place, within only a few days we could be left to fend for ourselves as a community. There may be no more food supply from the supermarkets, the banks may be closed and money might be worthless. There may be no more petrol from the petrol stations and perhaps even the electricity does not work.

Are we prepared for any of these possibilities?

There may be some within our community who are prepared. Perhaps they have stored food and have a fresh water supply. Perhaps they are experienced gardeners. Perhaps they have alternative power or gas or petrol reserves. They might be able to keep themselves isolated and survive such an upheaval.

What about the rest of our community? If our community finds itself suddenly in a situation where it is without food supply and without money, how would events unfold?

It is for this reason that I wish to encourage the establishment of a Community Lifesaving Emergency Action Resource (CLEAR) within our local community.

We can be prepared so that in times of turmoil we not only survive as a community, but we thrive as a community. Not only this, but if we are thriving there will be beneficial flow-on effects and a boost in morale to other communities as well.

So, how do we go about it?

What I am proposing is this:

We, as a community, establish a group which coordinates a plan of action to be implemented in a worst-case scenario.

This would involve regular meetings of the core group as well as public meetings and distribution of information.

The aim of the group is to establish a resource network which can function in times of need.

In many of the possible scenarios listed above, there may be no food and no money within just a few days. There might be no incoming supplies for a very long time. The region would be thrust into an immediate crisis.

Therefore, we need to establish a plan within the community prior to such an event taking place, if possible. The community needs to know this plan of action is in place for their benefit so that if any of these scenarios unfold they recognise a support network they can turn to.

PLAN OF ACTION

1. **MEETING PLACE** - First we need a base for meetings and a place where the community can interact with us and reach us. I am proposing the CWA hall, which I feel is a relatively neutral space with good facilities in place for meetings. I am open to other suggestions too of course.
2. **COMMUNICATION TECHNIQUE** - We need an effective communication technique which is non-hierarchical and includes everybody. I have been trained in an effective communication technique successfully used in Japanese communities for over 50 years. It is called Kensan. I have included information about Kensan on a separate page. The significance of this communication technique should not be underestimated. Indeed, it is integral to the success of the plan.
3. **CORE GROUP** - We need to establish a strong core group who are willing to hold CLEAR together and implement the strategy when/if the time comes.
4. **COMMUNITY PARTICIPATION** – We need participation and interaction with the general community so that they understand and recognise what CLEAR is about and also have their say.
5. **NETWORK** – We need to establish a strong network which can pull together and provide the basis for operation in the case of CLEAR being put into action. This should especially involve people with expertise and skills which can be passed on to others. It may also be good to have those with farms and land on board.

HOW DOES CLEAR WORK?

- NO SCORING – There is no tallying taking place, so there is no exchange, no bartering and no money.
- FREE WILL - Every person within the community has free will.
- EQUALITY - There are no leaders and no followers – everyone is equal.
- FLEXIBLE – Circumstances are adjusted as necessary to meet the real needs of the community.
- CARING - Every person within the community is included and has their needs taken care of.
- ROLES – Every person within the community has a role which is suited to their abilities and which they choose themselves. This role can be changed at regular intervals.
- COMMUNICATION – KENSAN - Communication is crucial to the success of CLEAR and the communication technique is Kensan.
- FORMULA – There is a formula in place. The above-mentioned points are the foundation of this formula. Within the framework of that formula anything is possible.

EXPLAINING THE FORMULA –

In order for a community to operate effectively there are certain categories which need to be fulfilled.

Firstly we ascertain what these categories are, within the context of the overall plan, which is for Community Lifesaving Emergency Action.

We then prioritise these categories in order of necessity. In other words, what do us, as a community, most need to survive?

Within these categories there are roles. Each role plays a part in accomplishing the task of the category. For instance – within the category of FOOD PRODUCTION, we have many roles such as growing fruit, growing vegetables, growing grains, tending animals, collecting seeds, etc.

These categories and associated roles could have a brief description and be printed out for the general community.

The categories and roles can then be written onto white boards and displayed in the Meeting Place. The number of males and females

required for each role and whether it is a morning or afternoon, day or evening role is written onto the white board. Some roles may only require a few hours a day and others may require a whole day, so there may be more than one role to fill each day.

The next step is for people to come into the Meeting Place and write their name next to the role/s they are interested in.

This enables us to see the groups of people who will be working together in the specific roles, like a team.

These groups arrange to meet together at a pre-determined time so they can be guided through the tasks associated with their role. This guiding would be done by someone who is knowledgeable of that particular role.

From here on, the groups meet at an appointed time at the necessary place in order to accomplish the role. The Kengan Meeting is also a part of this. Each time the group meets there is also time taken for Kengan as well as to fulfil the tasks of their roles. The best time for this is during a break, when refreshments are served. This is the time when the group can share their feelings and thoughts about their roles with each other. If there are any specific questions, they can be put to the group then. There can also be a special Kengan Meeting time and place set for the group to gather and communicate more in depth about specific issues.

It may also be necessary for a Kengan Meeting to be held with all the groups of the overall category coming together. This might be a Kengan Meeting of the FOOD PRODUCTION category, for instance, where all the groups who are fulfilling the roles of this category come together and share their experiences.

Each person is only required to focus on the specific roles they have chosen, and no more. Everything else is taken care of by the other roles.

For instance, if your role is growing vegetables in the FOOD PRODUCTION category in the morning and packing and distribution of vegetables in the afternoon, then that is all you need to do.

When it is time for a meal break, you only need to go to the appointed Dining Room area and a meal, prepared by those acting in the various roles within the FOOD PREPARATION category, will be there waiting for you!

Nor do you need to worry about the washing up, as that will be taken care of too 😊 unless this is one of your roles, of course.

After the meal, you might choose to relax in a community lounge area where there are snacks and hot and cold beverages available as well as items of entertainment such as music, games, magazines and books for reading and others to share and engage with.

When you wish, you can retire to the privacy of your personal home. This would most likely continue to be in the same place as before, unless the place of residence is far away from town and there is no transport available, but most likely we will be able to sort something out - an alternative to petrol transport such as diesel vehicles which run on vegetable oil or horses, bicycles, etc.

It is the same for your washing, which would be dropped in (nametags attached) to the specified laundry area and collected when ready.

If you are in need of personal items, such as soap, shampoo or toilet paper, you can collect them from the designated distribution point. The same goes for other items, such as clothing, towels and bedding. There is no cost for anything, but obviously one takes only what one needs (or what can be spared).

In this way, everyone and everything is taken care of to the best of our ability as a community. It may seem regimented, but then, so is most people's daily life anyway and in this way we are all working for ourselves and for the good of the whole. We can make use of the community infrastructure already in place and we do not need to rely on or wait for outside aid in a time of need.

Indeed, if we successfully implemented a plan such as this, we would be not only caring for ourselves and our community, but the flow-on effects to other communities who could implement a similar strategy would be significant and we could share excess goods/produce with others, so that our whole region is prosperous.

It's helpful to think of CLEAR as the bringing together of the parts of the body to make up one healthy body. Each of us makes up a part of this living body and when all of the body parts are working well together, we have a thriving healthy body, capable of being the best it can be.

CLEAR is a strategy of transition from one way of life to another. It is a vehicle which will get us over the bumpy road all together, in one piece. With this experience behind us, we will have a whole new frame of mind and be ready to begin implementing the life of our brightest dreams, so that there is abundance and happiness for all, which is the true and

authentic way of life. It's really quite simple – we just need to work together for the highest good of all.

It is also possible to begin the lifestyle mentioned above, prior to any upheavals occurring. This is already happening in Japan where over 30 communities are demonstrating this way of life. There is also one of these communities already existing in Australia. If you would like more information about this possibility, please see the Kensan document, which has the relevant links.

In Love and Oneness and infinite possibilities for joy and happiness,

Radha

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